

# ACA\* BEACH CLEANS

(conducted in association with the Marine Conservation Society)

## SAFETY GUIDELINES FOR VOLUNTEERS

- All volunteers must understand that they take part at their own risk
- All volunteers under the age of 17 must be accompanied by an adult and have permission from their parents to participate through the completion of a Parental Consent Form
- Volunteers must follow the advice of the organisers at all times
- Protective gloves must be worn at all times
- Volunteers should wear suitable clothing, including sturdy footwear and waterproofs. Suntan lotion may be needed in fine weather.
- Sharp objects (e.g syringes and broken glass) must be handled with extreme care and placed in rigid containers.
- Beware slippery rocks, deep mud or gulleys and quicksands
- On the Tidal Road, be aware of the danger of moving traffic
- Avoid lifting heavy objects
- Avoid touching any containers, drums or unfamiliar objects that might contain either hazardous or sewage-derived materials
- Do not disturb wild animals – treat them with caution; keep dogs under control
- Avoid trampling wild plants wherever possible

\*Aune Conservation Association ([www.auneconservation.org.uk](http://www.auneconservation.org.uk))